



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Elvira Wolfmüller

Total time: 1:14:37

Club: TSG Wiesloch

Number: 332

Course: 25.50 km

Rank in course/Total: 102 (of 354)

Lorsch Triathlon

Rank in course/Women: 13 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 1(of 7)

Seniorinnen 4 (TW 55)

Best time in the category: 1:14:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:54	19:48	2	0:33	16	2:52	0.50	9:54	19:48	8	0:33	101	2:52
Wechsel S -> R	-	2:13	-	1	-	12	0:42	0.50	12:07	24:14	8	0:23	101	2:44
Schwimmen Total	0.50	12:07	24:14	8	0:23	101	2:44	0.50	12:07	24:14	8	0:23	101	2:44
Rad netto	20.00	38:22	1:55	2	35:33	18	35:33	20.50	50:29	2:27	8	35:56	101	35:56
Wechsel R -> L	-	1:39	-	5	0:32	84	1:05	20.50	52:08	2:32	1	-	101	7:53
Rad Total	20.00	40:01	2:00	1	-	20	5:09	20.50	52:08	2:32	1	-	101	7:53
Lauf Ziel	5.00	22:29	4:29	1	-	10	6:59	25.50	1:14:37	2:55	1	-	13	11:39