



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

David Mankel

Total time: 1:22:25

Club: Hochschule Darmstadt

Number: 233

Course: 25.50 km

Rank in course/Total: 212 (of 354)

Lorsch Triathlon

Rank in course/Men: 173 (of 254)

Best time in course: 58:26

Category:

Rank in category: 19(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:07:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:33	23:06	20	2:35	144	4:46	0.50	11:33	23:06	31	2:35	146	4:46
Wechsel S -> R	-	4:02	-	22	2:38	213	4:02	0.50	15:35	31:10	23	4:20	255	7:27
Schwimmen Total	0.50	15:35	31:10	23	4:20	255	7:27	0.50	15:35	31:10	23	4:20	255	7:27
Rad netto	20.00	39:25	1:58	18	13:40	178	13:40	20.50	55:00	2:40	20	11:59	176	16:03
Wechsel R -> L	-	1:04	-	12	0:32	94	0:32	20.50	56:04	2:44	20	12:05	255	16:15
Rad Total	20.00	40:29	2:01	19	13:46	165	13:46	20.50	56:04	2:44	20	12:05	255	16:15
Lauf Ziel	5.00	26:21	5:16	22	6:35	180	9:34	25.50	1:22:25	3:13	19	14:56	173	23:59