



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Jutta Gemeinhardt

Total time: 1:33:58

Number: 82

Course: 25.50 km

Lorsch Triathlon

Rank in course/Total: 316 (of 354)

Rank in course/Women: 84 (of 100)

Best time in course: 1:02:58

Category:

Seniorinnen 4 (TW 55)

Rank in category: 6(of 7)

Best time in the category: 1:14:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:31	25:02	5	3:10	65	5:29	0.50	12:31	25:02	5	3:10	101	5:29
Wechsel S -> R	-	6:09	-	7	3:56	99	4:38	0.50	18:40	37:20	6	6:56	91	9:17
Schwimmen Total	0.50	18:40	37:20	6	6:56	91	9:17	0.50	18:40	37:20	6	6:56	91	9:17
Rad netto	20.00	44:38	2:13	6	41:49	76	41:49	20.50	1:03:18	3:05	6	48:45	83	48:45
Wechsel R -> L	-	1:07	-	1	-	46	0:33	20.50	1:04:25	3:08	8	12:17	81	20:10
Rad Total	20.00	45:45	2:17	5	5:44	72	10:53	20.50	1:04:25	3:08	8	12:17	81	20:10
Lauf Ziel	5.00	29:33	5:54	5	7:04	79	14:03	25.50	1:33:58	3:41	6	19:21	84	31:00