



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Isabell Schärf-Miehe

Total time: 1:40:39

Number: 66

Course: 25.50 km

Rank in course/Total: 341 (of 354)

Lorsch Triathlon

Rank in course/Women: 95 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 5(of 7)

Seniorinnen 5 (TW 60)

Best time in the category: 1:18:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:42	25:23	2	0:58	70	5:40	0.50	12:42	25:23	8	0:58	101	5:40
Wechsel S -> R	-	3:30	-	3	0:31	69	1:59	0.50	16:12	32:23	8	1:09	73	6:49
Schwimmen Total	0.50	16:12	32:23	8	1:09	73	6:49	0.50	16:12	32:23	8	1:09	73	6:49
Rad netto	20.00	49:37	2:28	4	11:23	97	46:48	20.50	1:05:49	3:12	8	12:32	89	51:16
Wechsel R -> L	-	1:00	-	2	0:02	35	0:26	20.50	1:06:49	3:15	8	12:19	88	22:34
Rad Total	20.00	50:37	2:31	3	11:10	93	15:45	20.50	1:06:49	3:15	8	12:19	88	22:34
Lauf Ziel	5.00	33:50	6:46	5	18:20	95	18:20	25.50	1:40:39	3:56	5	21:47	95	37:41