



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Pascal Sittig

Total time: 1:12:16

Number: 267

Course: 25.50 km

Rank in course/Total: 73 (of 354)

Lorsch Triathlon

Rank in course/Men: 65 (of 254)

Best time in course: 58:26

Category:

Rank in category: 3(of 10)

männliche AK 1 (TM 20)

Best time in the category: 1:04:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:32	23:03	7	3:07	143	4:45	0.50	11:32	23:03	11	3:07	255	4:45
Wechsel S -> R	-	2:45	-	2	1:12	110	2:45	0.50	14:17	28:33	11	4:19	255	6:09
Schwimmen Total	0.50	14:17	28:33	11	4:19	255	6:09	0.50	14:17	28:33	11	4:19	255	6:09
Rad netto	20.00	34:29	1:43	2	0:32	36	8:44	20.50	48:46	2:22	11	4:51	255	9:49
Wechsel R -> L	-	1:05	-	6	0:28	100	0:33	20.50	49:51	2:25	11	5:19	255	10:02
Rad Total	20.00	35:34	1:46	2	1:00	34	8:51	20.50	49:51	2:25	11	5:19	255	10:02
Lauf Ziel	5.00	22:25	4:29	3	2:49	87	5:38	25.50	1:12:16	2:50	3	8:08	65	13:50