



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Elisabeth Müller

Total time: 1:51:48

Number: 55

Course: 25.50 km

Rank in course/Total: 350 (of 354)

Lorsch Triathlon

Rank in course/Women: 99 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 6(of 7)

Seniorinnen 5 (TW 60)

Best time in the category: 1:18:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:51	25:41	3	1:07	74	5:49	0.50	12:51	25:41	8	1:07	101	5:49
Wechsel S -> R	-	5:37	-	7	2:38	98	4:06	0.50	18:28	36:55	8	3:25	90	9:05
Schwimmen Total	0.50	18:28	36:55	8	3:25	90	9:05	0.50	18:28	36:55	8	3:25	90	9:05
Rad netto	20.00	52:41	2:38	6	14:27	99	49:52	20.50	1:11:09	3:28	8	17:52	99	56:36
Wechsel R -> L	-	1:09	-	3	0:11	48	0:35	20.50	1:12:18	3:31	8	17:48	99	28:03
Rad Total	20.00	53:50	2:41	6	14:23	99	18:58	20.50	1:12:18	3:31	8	17:48	99	28:03
Lauf Ziel	5.00	39:30	7:54	6	24:00	99	24:00	25.50	1:51:48	4:23	6	32:56	99	48:50