



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Sarah Dächert

Total time: 1:13:56

Number: 375

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 94 (of 354)

Rank in course/Women: 10 (of 100)

Best time in course: 1:02:58

Category:

weibliche AK 1 (TW 20)

Rank in category: 1(of 8)

Best time in the category: 1:13:56

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 0.50 | 8:48 | 17:36 | 2 | 1:12 | 8 | 1:46 | 0.50 | 8:48 | 17:36 | 2 | 1:12 | 101 | 1:46 |
| Wechsel S -> R | - | 2:10 | - | 1 | - | 10 | 0:39 | 0.50 | 10:58 | 21:56 | 2 | 0:01 | 101 | 1:35 |
| Schwimmen Total | 0.50 | 10:58 | 21:56 | 2 | 0:01 | 101 | 1:35 | 0.50 | 10:58 | 21:56 | 2 | 0:01 | 101 | 1:35 |
| Rad netto | 20.00 | 38:43 | 1:56 | 1 | - | 21 | 35:54 | 20.50 | 49:41 | 2:25 | 1 | - | 101 | 35:08 |
| Wechsel R -> L | - | 1:01 | - | 4 | 0:17 | 36 | 0:27 | 20.50 | 50:42 | 2:28 | 1 | - | 101 | 6:27 |
| Rad Total | 20.00 | 39:44 | 1:59 | 1 | - | 18 | 4:52 | 20.50 | 50:42 | 2:28 | 1 | - | 101 | 6:27 |
| Lauf Ziel | 5.00 | 23:14 | 4:38 | 1 | - | 16 | 7:44 | 25.50 | 1:13:56 | 2:53 | 1 | - | 10 | 10:58 |