



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Luisa Dietz

Total time: 1:26:55

Number: 106

Course: 25.50 km

Rank in course/Total: 267 (of 354)

Lorsch Triathlon

Rank in course/Women: 60 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 6(of 8)

weibliche AK 1 (TW 20)

Best time in the category: 1:13:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:32	21:03	3	2:56	24	3:30	0.50	10:32	21:03	9	2:56	101	3:30
Wechsel S -> R	-	4:17	-	8	2:07	85	2:46	0.50	14:49	29:37	9	3:52	44	5:26
Schwimmen Total	0.50	14:49	29:37	9	3:52	44	5:26	0.50	14:49	29:37	9	3:52	44	5:26
Rad netto	20.00	44:50	2:14	6	6:07	78	42:01	20.50	59:39	2:54	9	9:58	69	45:06
Wechsel R -> L	-	1:05	-	5	0:21	41	0:31	20.50	1:00:44	2:57	9	10:02	67	16:29
Rad Total	20.00	45:55	2:17	7	6:11	76	11:03	20.50	1:00:44	2:57	9	10:02	67	16:29
Lauf Ziel	5.00	26:11	5:14	3	2:57	48	10:41	25.50	1:26:55	3:24	6	12:59	60	23:57