



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Juli Öholm

Total time: 1:09:22

Club: FSV Frankenthal

Number: 428

Course: 25.50 km

Rank in course/Total: 44 (of 354)

Lorsch Triathlon

Rank in course/Women: 4 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 1(of 22)

weibliche AK 2 (TW 25)

Best time in the category: 1:09:22

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	8:25	16:49	2	0:38	5	1:23	0.50	8:25	16:49	23	0:38	5	1:23
Wechsel S -> R	-	2:00	-	1	-	7	0:29	0.50	10:25	20:49	23	0:37	101	1:02
Schwimmen Total	0.50	10:25	20:49	23	0:37	101	1:02	0.50	10:25	20:49	23	0:37	101	1:02
Rad netto	20.00	35:28	1:46	1	-	5	32:39	20.50	45:53	2:14	1	-	101	31:20
Wechsel R -> L	-	0:48	-	5	0:07	16	0:14	20.50	46:41	2:16	1	-	101	2:26
Rad Total	20.00	36:16	1:48	1	-	4	1:24	20.50	46:41	2:16	1	-	101	2:26
Lauf Ziel	5.00	22:41	4:32	3	0:59	12	7:11	25.50	1:09:22	2:43	1	-	4	6:24