



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Katrin Lambert

Total time: 1:20:57

Number: 89

Course: 25.50 km

Rank in course/Total: 194 (of 354)

Lorsch Triathlon

Rank in course/Women: 30 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 7(of 22)

weibliche AK 2 (TW 25)

Best time in the category: 1:09:22

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:31	25:02	14	4:44	65	5:29	0.50	12:31	25:02	23	4:44	101	5:29
Wechsel S -> R	-	3:00	-	14	1:00	52	1:29	0.50	15:31	31:02	23	5:43	61	6:08
Schwimmen Total	0.50	15:31	31:02	23	5:43	61	6:08	0.50	15:31	31:02	23	5:43	61	6:08
Rad netto	20.00	40:55	2:02	11	5:27	46	38:06	20.50	56:26	2:45	23	10:33	49	41:53
Wechsel R -> L	-	0:44	-	3	0:03	6	0:10	20.50	57:10	2:47	23	10:29	44	12:55
Rad Total	20.00	41:39	2:04	9	5:23	39	6:47	20.50	57:10	2:47	23	10:29	44	12:55
Lauf Ziel	5.00	23:47	4:45	4	2:05	20	8:17	25.50	1:20:57	3:10	7	11:35	30	17:59