



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Sophie Ballmann

Total time: 1:21:20

Number: 88

Course: 25.50 km

Rank in course/Total: 199 (of 354)

Lorsch Triathlon

Rank in course/Women: 33 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 8(of 22)

weibliche AK 2 (TW 25)

Best time in the category: 1:09:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:08	24:15	10	4:21	57	5:06	0.50	12:08	24:15	23	4:21	101	5:06
Wechsel S -> R	-	2:43	-	7	0:43	37	1:12	0.50	14:51	29:41	23	5:03	45	5:28
Schwimmen Total	0.50	14:51	29:41	23	5:03	45	5:28	0.50	14:51	29:41	23	5:03	45	5:28
Rad netto	20.00	39:08	1:57	5	3:40	25	36:19	20.50	53:59	2:38	23	8:06	34	39:26
Wechsel R -> L	-	0:58	-	8	0:17	31	0:24	20.50	54:57	2:40	23	8:16	30	10:42
Rad Total	20.00	40:06	2:00	5	3:50	24	5:14	20.50	54:57	2:40	23	8:16	30	10:42
Lauf Ziel	5.00	26:23	5:16	13	4:41	52	10:53	25.50	1:21:20	3:11	8	11:58	33	18:22