



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Ute Grünebaum

Total time: 1:21:49

Number: 374

Course: 25.50 km

Rank in course/Total: 202 (of 354)

Lorsch Triathlon

Rank in course/Women: 35 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 9(of 22)

weibliche AK 2 (TW 25)

Best time in the category: 1:09:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:20	24:40	12	4:33	59	5:18	0.50	12:20	24:40	23	4:33	101	5:18
Wechsel S -> R	-	2:47	-	8	0:47	39	1:16	0.50	15:07	30:14	23	5:19	101	5:44
Schwimmen Total	0.50	15:07	30:14	23	5:19	101	5:44	0.50	15:07	30:14	23	5:19	101	5:44
Rad netto	20.00	39:46	1:59	8	4:18	33	36:57	20.50	54:53	2:40	23	9:00	101	40:20
Wechsel R -> L	-	1:24	-	15	0:43	67	0:50	20.50	56:17	2:44	23	9:36	101	12:02
Rad Total	20.00	41:10	2:03	7	4:54	35	6:18	20.50	56:17	2:44	23	9:36	101	12:02
Lauf Ziel	5.00	25:32	5:06	11	3:50	38	10:02	25.50	1:21:49	3:12	9	12:27	35	18:51