



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Julia Hölzel

Total time: 1:34:58

Number: 172

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 322 (of 354)

Rank in course/Women: 88 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 19(of 22)

weibliche AK 2 (TW 25)

Best time in the category: 1:09:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:17	26:33	18	5:30	85	6:15	0.50	13:17	26:33	23	5:30	101	6:15
Wechsel S -> R	-	2:24	-	3	0:24	19	0:53	0.50	15:41	31:22	23	5:53	101	6:18
Schwimmen Total	0.50	15:41	31:22	23	5:53	101	6:18	0.50	15:41	31:22	23	5:53	101	6:18
Rad netto	20.00	48:30	2:25	21	13:02	91	45:41	20.50	1:04:11	3:07	23	18:18	101	49:38
Wechsel R -> L	-	1:02	-	9	0:21	38	0:28	20.50	1:05:13	3:10	23	18:32	101	20:58
Rad Total	20.00	49:32	2:28	22	13:16	91	14:40	20.50	1:05:13	3:10	23	18:32	101	20:58
Lauf Ziel	5.00	29:45	5:57	17	8:03	80	14:15	25.50	1:34:58	3:43	19	25:36	88	32:00