



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Jan Müller

Total time: 1:24:03

Number: 54

Course: 25.50 km  
Lorsch Triathlon

Rank in course/Total: 229 (of 354)

Rank in course/Men: 184 (of 254)

Best time in course: 58:26

Category:

männliche AK 2 (TM 25)

Rank in category: 23(of 30)

Best time in the category: 1:07:29

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:38	19:15	5	0:40	49	2:51	0.50	9:38	19:15	31	0:40	49	2:51
Wechsel S -> R	-	2:49	-	11	1:25	119	2:49	0.50	12:27	24:53	31	1:12	63	4:19
Schwimmen Total	0.50	12:27	24:53	31	1:12	63	4:19	0.50	12:27	24:53	31	1:12	63	4:19
Rad netto	20.00	40:48	2:02	21	15:03	193	15:03	20.50	53:15	2:35	31	10:14	140	14:18
Wechsel R -> L	-	1:10	-	15	0:38	117	0:38	20.50	54:25	2:39	31	10:26	138	14:36
Rad Total	20.00	41:58	2:05	21	15:15	193	15:15	20.50	54:25	2:39	31	10:26	138	14:36
Lauf Ziel	5.00	29:38	5:55	26	9:52	221	12:51	25.50	1:24:03	3:17	23	16:34	184	25:37