



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Rebecca Hummel

Total time: 1:11:20

Club: SSG Bensheim Triathlon

Number: 341

Course: 25.50 km

Rank in course/Total: 62 (of 354)

Lorsch Triathlon

Rank in course/Women: 6 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 2(of 10)

weibliche AK 3 (TW 30)

Best time in the category: 1:06:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:30	19:00	2	0:43	12	2:28	0.50	9:30	19:00	11	0:43	101	2:28
Wechsel S -> R	-	2:11	-	2	0:40	11	0:40	0.50	11:41	23:22	11	1:23	101	2:18
Schwimmen Total	0.50	11:41	23:22	11	1:23	101	2:18	0.50	11:41	23:22	11	1:23	101	2:18
Rad netto	20.00	36:27	1:49	2	1:01	7	33:38	20.50	48:08	2:20	11	2:24	101	33:35
Wechsel R -> L	-	0:46	-	3	0:12	12	0:12	20.50	48:54	2:23	11	2:36	101	4:39
Rad Total	20.00	37:13	1:51	2	1:13	5	2:21	20.50	48:54	2:23	11	2:36	101	4:39
Lauf Ziel	5.00	22:26	4:29	2	2:29	9	6:56	25.50	1:11:20	2:47	2	5:05	6	8:22