



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Lisa Hübner

Total time: 1:26:07

Club: AzHP

Number: 93

Course: 25.50 km

Rank in course/Total: 259 (of 354)

Lorsch Triathlon

Rank in course/Women: 56 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 5(of 10)

weibliche AK 3 (TW 30)

Best time in the category: 1:06:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:36	21:11	3	1:49	26	3:34	0.50	10:36	21:11	11	1:49	101	3:34
Wechsel S -> R	-	4:52	-	9	3:21	92	3:21	0.50	15:28	30:56	11	5:10	57	6:05
Schwimmen Total	0.50	15:28	30:56	11	5:10	57	6:05	0.50	15:28	30:56	11	5:10	57	6:05
Rad netto	20.00	40:37	2:01	3	5:11	42	37:48	20.50	56:05	2:44	11	10:21	46	41:32
Wechsel R -> L	-	1:07	-	8	0:33	46	0:33	20.50	57:12	2:47	11	10:54	45	12:57
Rad Total	20.00	41:44	2:05	3	5:44	42	6:52	20.50	57:12	2:47	11	10:54	45	12:57
Lauf Ziel	5.00	28:55	5:46	8	8:58	74	13:25	25.50	1:26:07	3:22	5	19:52	56	23:09