



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Silas Hamp

Total time: 1:24:10

Club: Kite IT

Number: 239

Course: 25.50 km

Rank in course/Total: 232 (of 354)

Lorsch Triathlon

Rank in course/Men: 185 (of 254)

Best time in course: 58:26

Category:

Rank in category: 24(of 30)

männliche AK 2 (TM 25)

Best time in the category: 1:07:29

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:39	23:18	21	2:41	150	4:52	0.50	11:39	23:18	31	2:41	152	4:52
Wechsel S -> R	-	3:42	-	17	2:18	191	3:42	0.50	15:21	30:41	22	4:06	255	7:13
Schwimmen Total	0.50	15:21	30:41	22	4:06	255	7:13	0.50	15:21	30:41	22	4:06	255	7:13
Rad netto	20.00	42:57	2:08	26	17:12	223	17:12	20.50	58:18	2:50	26	15:17	255	19:21
Wechsel R -> L	-	0:42	-	5	0:10	22	0:10	20.50	59:00	2:52	25	15:01	255	19:11
Rad Total	20.00	43:39	2:10	25	16:56	212	16:56	20.50	59:00	2:52	25	15:01	255	19:11
Lauf Ziel	5.00	25:10	5:01	16	5:24	152	8:23	25.50	1:24:10	3:18	24	16:41	185	25:44