



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Denise Rossmann

Total time: 1:31:17

Number: 85

Course: 25.50 km

Rank in course/Total: 301 (of 354)

Lorsch Triathlon

Rank in course/Women: 77 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 9(of 10)

weibliche AK 3 (TW 30)

Best time in the category: 1:06:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:27	24:53	7	3:40	64	5:25	0.50	12:27	24:53	11	3:40	101	5:25
Wechsel S -> R	-	2:59	-	4	1:28	50	1:28	0.50	15:26	30:52	11	5:08	54	6:03
Schwimmen Total	0.50	15:26	30:52	11	5:08	54	6:03	0.50	15:26	30:52	11	5:08	54	6:03
Rad netto	20.00	44:34	2:13	8	9:08	75	41:45	20.50	1:00:00	2:55	11	14:16	70	45:27
Wechsel R -> L	-	0:45	-	2	0:11	10	0:11	20.50	1:00:45	2:57	11	14:27	68	16:30
Rad Total	20.00	45:19	2:15	8	9:19	69	10:27	20.50	1:00:45	2:57	11	14:27	68	16:30
Lauf Ziel	5.00	30:32	6:06	9	10:35	86	15:02	25.50	1:31:17	3:34	9	25:02	77	28:19