



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Patrizia Spaulding

Total time: 1:41:43

Club: Johannes-Diakonie Mosbach

Number: 361

Course: 25.50 km

Rank in course/Total: 343 (of 354)

Lorsch Triathlon

Rank in course/Women: 97 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 10(of 10)

weibliche AK 3 (TW 30)

Best time in the category: 1:06:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:56	23:52	6	3:09	48	4:54	0.50	11:56	23:52	11	3:09	101	4:54
Wechsel S -> R	-	4:08	-	8	2:37	83	2:37	0.50	16:04	32:07	11	5:46	101	6:41
Schwimmen Total	0.50	16:04	32:07	11	5:46	101	6:41	0.50	16:04	32:07	11	5:46	101	6:41
Rad netto	20.00	49:13	2:27	10	13:47	94	46:24	20.50	1:05:17	3:11	11	19:33	101	50:44
Wechsel R -> L	-	2:08	-	9	1:34	96	1:34	20.50	1:07:25	3:17	11	21:07	101	23:10
Rad Total	20.00	51:21	2:34	10	15:21	96	16:29	20.50	1:07:25	3:17	11	21:07	101	23:10
Lauf Ziel	5.00	34:18	6:51	10	14:21	97	18:48	25.50	1:41:43	3:59	10	35:28	97	38:45