



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Christin Hofer-Schrempf

Total time: 1:18:25

Number: 11

Course: 25.50 km

Rank in course/Total: 160 (of 354)

Lorsch Triathlon

Rank in course/Women: 22 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 4(of 11)

weibliche AK 4 (TW 35)

Best time in the category: 1:02:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	9:44	19:27	3	2:42	14	2:42	0.50	9:44	19:27	12	2:42	101	2:42
Wechsel S -> R	-	2:24	-	4	0:52	19	0:53	0.50	12:08	24:15	12	2:45	101	2:45
Schwimmen Total	0.50	12:08	24:15	12	2:45	101	2:45	0.50	12:08	24:15	12	2:45	101	2:45
Rad netto	20.00	39:15	1:57	5	5:05	28	36:26	20.50	51:23	2:30	12	7:50	101	36:50
Wechsel R -> L	-	1:31	-	9	0:55	74	0:57	20.50	52:54	2:34	12	8:39	101	8:39
Rad Total	20.00	40:46	2:02	4	5:54	28	5:54	20.50	52:54	2:34	12	8:39	101	8:39
Lauf Ziel	5.00	25:31	5:06	6	6:48	37	10:01	25.50	1:18:25	3:04	4	15:27	22	15:27