



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Alexander Wolf

Total time: 1:25:00

Number: 174

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 244 (of 354)

Rank in course/Men: 193 (of 254)

Best time in course: 58:26

Category:

männliche AK 2 (TM 25)

Rank in category: 25(of 30)

Best time in the category: 1:07:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.50	11:56	23:52	24	2:58	168	5:09	0.50	11:56	23:52	24	2:58	255	5:09
Wechsel S -> R	-	2:50	-	12	1:26	120	2:50	0.50	14:46	29:32	31	3:31	255	6:38
Schwimmen Total	0.50	14:46	29:32	31	3:31	255	6:38	0.50	14:46	29:32	31	3:31	255	6:38
Rad netto	20.00	37:08	1:51	10	11:23	104	11:23	20.50	51:54	2:31	31	8:53	255	12:57
Wechsel R -> L	-	0:53	-	10	0:21	62	0:21	20.50	52:47	2:34	31	8:48	255	12:58
Rad Total	20.00	38:01	1:54	10	11:18	91	11:18	20.50	52:47	2:34	31	8:48	255	12:58
Lauf Ziel	5.00	32:13	6:26	28	12:27	241	15:26	25.50	1:25:00	3:20	25	17:31	193	26:34