



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Nevena Lukac

Club: Schön Klinik Lorsch

Number: 436

Course: 25.50 km

Lorsch Triathlon

Category:

weibliche AK 4 (TW 35)

Total time: 1:28:53

Rank in course/Total: 286 (of 354)

Rank in course/Women: 67 (of 100)

Best time in course: 1:02:58

Rank in category: 9(of 11)

Best time in the category: 1:02:58

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	7:02	14:03	1	-	1	-	0.50	7:02	14:03	1	-	1	-
Wechsel S -> R	-	8:30	-	11	6:58	100	6:59	0.50	15:32	31:03	12	6:09	101	6:09
Schwimmen Total	0.50	15:32	31:03	12	6:09	101	6:09	0.50	15:32	31:03	12	6:09	101	6:09
Rad netto	20.00	45:21	2:16	11	11:11	82	42:32	20.50	1:00:53	2:58	12	17:20	101	46:20
Wechsel R -> L	-	0:48	-	4	0:12	16	0:14	20.50	1:01:41	3:00	12	17:26	101	17:26
Rad Total	20.00	46:09	2:18	11	11:17	79	11:17	20.50	1:01:41	3:00	12	17:26	101	17:26
Lauf Ziel	5.00	27:12	5:26	8	8:29	58	11:42	25.50	1:28:53	3:29	9	25:55	67	25:55