



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Sarah Keim

Total time: 1:31:26

Number: 337

Course: 25.50 km

Rank in course/Total: 303 (of 354)

Lorsch Triathlon

Rank in course/Women: 79 (of 100)

Best time in course: 1:02:58

Category:

Rank in category: 11(of 11)

weibliche AK 4 (TW 35)

Best time in the category: 1:02:58

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:24	24:48	9	5:22	63	5:22	0.50	12:24	24:48	12	5:22	101	5:22
Wechsel S -> R	-	2:49	-	7	1:17	42	1:18	0.50	15:13	30:26	12	5:50	101	5:50
Schwimmen Total	0.50	15:13	30:26	12	5:50	101	5:50	0.50	15:13	30:26	12	5:50	101	5:50
Rad netto	20.00	41:22	2:04	6	7:12	50	38:33	20.50	56:35	2:45	12	13:02	101	42:02
Wechsel R -> L	-	0:53	-	6	0:17	28	0:19	20.50	57:28	2:48	12	13:13	101	13:13
Rad Total	20.00	42:15	2:06	6	7:23	47	7:23	20.50	57:28	2:48	12	13:13	101	13:13
Lauf Ziel	5.00	33:58	6:47	11	15:15	96	18:28	25.50	1:31:26	3:35	11	28:28	79	28:28