



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Alexander Held

Number: 229

Course: 25.50 km
Lorsch Triathlon

Category:
männliche AK 2 (TM 25)

Rank in course/Total: DNF (of 354)

Rank in course/Men: DNF (of 254)

Best time in course: 58:26

Rank in category: DNF(of 30)

Best time in the category: 1:07:29

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:36	19:11	4	0:38	48	2:49	0.50	9:36	19:11	31	0:38	255	2:49
Wechsel S -> R	-	4:22	-	28	2:58	233	4:22	0.50	13:58	27:56	16	2:43	255	5:50
Schwimmen Total	0.50	13:58	27:56	16	2:43	255	5:50	0.50	13:58	27:56	16	2:43	255	5:50
Rad netto	20.00	41:46	2:05	23	16:01	207	16:01	20.50	55:44	2:43	22	12:43	255	16:47
Wechsel R -> L	-	0:45	-	8	0:13	31	0:13	20.50	56:29	2:45	23	12:30	178	16:40
Rad Total	20.00	42:31	2:07	23	15:48	202	15:48	20.50	56:29	2:45	23	12:30	178	16:40
Lauf Ziel	5.00	fehlt!	-	-	-	-	-	25.50	-	-	-	-	-	-