



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Philipp Hempel

Club: Deutsche Bahn

Number: 5

Course: 25.50 km

Lorsch Triathlon

Category:

männliche AK 3 (TM 30)

Total time: 58:26

Rank in course/Total: 1 (of 354)

Rank in course/Men: 1 (of 254)

Best time in course: 58:26

Rank in category: 1(of 30)

Best time in the category: 58:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	6:47	13:33	1	-	1	-	0.50	6:47	13:33	1	-	1	-
Wechsel S -> R	-	1:21	-	1	-	3	1:21	0.50	8:08	16:15	1	-	1	-
Schwimmen Total	0.50	8:08	16:15	1	-	1	-	0.50	8:08	16:15	1	-	1	-
Rad netto	20.00	30:49	1:32	1	-	2	5:04	20.50	38:57	1:54	1	-	1	-
Wechsel R -> L	-	0:52	-	8	0:16	55	0:20	20.50	39:49	1:56	1	-	1	-
Rad Total	20.00	31:41	1:35	1	-	2	4:58	20.50	39:49	1:56	1	-	1	-
Lauf Ziel	5.00	18:37	3:43	4	1:50	7	1:50	25.50	58:26	2:17	1	-	1	-