



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Valentin Hummel

Total time: 59:45

Club: SSG Bensheim Triathlon

Number: 342

Course: 25.50 km

Rank in course/Total: 2 (of 354)

Lorsch Triathlon

Rank in course/Men: 2 (of 254)

Best time in course: 58:26

Category:

Rank in category: 2(of 30)

männliche AK 3 (TM 30)

Best time in the category: 58:26

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	8:48	17:36	5	2:01	20	2:01	0.50	8:48	17:36	31	2:01	255	2:01
Wechsel S -> R	-	1:26	-	2	0:05	5	1:26	0.50	10:14	20:27	31	2:06	255	2:06
Schwimmen Total	0.50	10:14	20:27	31	2:06	255	2:06	0.50	10:14	20:27	31	2:06	255	2:06
Rad netto	20.00	31:49	1:35	2	1:00	5	6:04	20.50	42:03	2:03	31	3:06	255	3:06
Wechsel R -> L	-	0:55	-	10	0:19	68	0:23	20.50	42:58	2:05	31	3:09	255	3:09
Rad Total	20.00	32:44	1:38	2	1:03	4	6:01	20.50	42:58	2:05	31	3:09	255	3:09
Lauf Ziel	5.00	16:47	3:21	1	-	1	-	25.50	59:45	2:20	2	1:19	2	1:19