



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Christoph Schönauer

Total time: 1:08:13

Number: 15

Course: 25.50 km

Rank in course/Total: 32 (of 354)

Lorsch Triathlon

Rank in course/Men: 29 (of 254)

Best time in course: 58:26

Category:

Rank in category: 6(of 30)

männliche AK 3 (TM 30)

Best time in the category: 58:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:47	19:33	9	3:00	58	3:00	0.50	9:47	19:33	9	3:00	58	3:00
Wechsel S -> R	-	2:15	-	7	0:54	61	2:15	0.50	12:02	24:03	7	3:54	48	3:54
Schwimmen Total	0.50	12:02	24:03	7	3:54	48	3:54	0.50	12:02	24:03	7	3:54	48	3:54
Rad netto	20.00	34:04	1:42	5	3:15	27	8:19	20.50	46:06	2:14	4	7:09	29	7:09
Wechsel R -> L	-	1:10	-	15	0:34	117	0:38	20.50	47:16	2:18	4	7:27	29	7:27
Rad Total	20.00	35:14	1:45	5	3:33	27	8:31	20.50	47:16	2:18	4	7:27	29	7:27
Lauf Ziel	5.00	20:57	4:11	8	4:10	47	4:10	25.50	1:08:13	2:40	6	9:47	29	9:47