



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Stefan Tunkl

Total time: 1:10:52

Club: Quadrate Turbo Crew

Number: 345

Course: 25.50 km

Rank in course/Total: 53 (of 354)

Lorsch Triathlon

Rank in course/Men: 48 (of 254)

Best time in course: 58:26

Category:

Rank in category: 7(of 30)

männliche AK 3 (TM 30)

Best time in the category: 58:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:34	19:07	8	2:47	47	2:47	0.50	9:34	19:07	31	2:47	255	2:47
Wechsel S -> R	-	2:37	-	14	1:16	97	2:37	0.50	12:11	24:22	31	4:03	255	4:03
Schwimmen Total	0.50	12:11	24:22	31	4:03	255	4:03	0.50	12:11	24:22	31	4:03	255	4:03
Rad netto	20.00	35:51	1:47	9	5:02	58	10:06	20.50	48:02	2:20	31	9:05	255	9:05
Wechsel R -> L	-	1:02	-	11	0:26	87	0:30	20.50	49:04	2:23	31	9:15	255	9:15
Rad Total	20.00	36:53	1:50	9	5:12	56	10:10	20.50	49:04	2:23	31	9:15	255	9:15
Lauf Ziel	5.00	21:48	4:21	17	5:01	72	5:01	25.50	1:10:52	2:46	7	12:26	48	12:26