



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Timon Figge

Total time: 1:14:25

Number: 274

Course: 25.50 km
Lorsch Triathlon

Rank in course/Total: 99 (of 354)

Rank in course/Men: 87 (of 254)

Best time in course: 58:26

Category:

männliche AK 3 (TM 30)

Rank in category: 16(of 30)

Best time in the category: 58:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	10:01	20:02	10	3:14	70	3:14	0.50	10:01	20:02	31	3:14	255	3:14	
Wechsel S -> R	-	3:00	-	24	1:39	142	3:00	0.50	13:01	26:02	31	4:53	255	4:53	
Schwimmen Total	0.50	13:01	26:02	31	4:53	255	4:53	0.50	13:01	26:02	31	4:53	255	4:53	
Rad netto	20.00	39:22	1:58	24	8:33	176	13:37	20.50	52:23	2:33	31	13:26	255	13:26	
Wechsel R -> L	-	0:43	-	4	0:07	28	0:11	20.50	53:06	2:35	31	13:17	255	13:17	
Rad Total	20.00	40:05	2:00	24	8:24	154	13:22	20.50	53:06	2:35	31	13:17	255	13:17	
Lauf Ziel	5.00	21:19	4:15	13	4:32	59	4:32	25.50	1:14:25	2:55	16	15:59	87	15:59	