



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Daniel Lehaire

Total time: 1:25:04

Number: 250

Course: 25.50 km

Rank in course/Total: 246 (of 354)

Lorsch Triathlon

Rank in course/Men: 194 (of 254)

Best time in course: 58:26

Category:

Rank in category: 27(of 30)

männliche AK 3 (TM 30)

Best time in the category: 58:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:37	23:14	18	4:50	148	4:50	0.50	11:37	23:14	31	4:50	255	4:50
Wechsel S -> R	-	2:53	-	20	1:32	128	2:53	0.50	14:30	29:00	31	6:22	255	6:22
Schwimmen Total	0.50	14:30	29:00	31	6:22	255	6:22	0.50	14:30	29:00	31	6:22	255	6:22
Rad netto	20.00	41:07	2:03	27	10:18	201	15:22	20.50	55:37	2:42	31	16:40	255	16:40
Wechsel R -> L	-	1:15	-	19	0:39	136	0:43	20.50	56:52	2:46	31	17:03	255	17:03
Rad Total	20.00	42:22	2:07	27	10:41	197	15:39	20.50	56:52	2:46	31	17:03	255	17:03
Lauf Ziel	5.00	28:12	5:38	28	11:25	207	11:25	25.50	1:25:04	3:20	27	26:38	194	26:38