



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

David Machoczek

Total time: 1:27:21

Number: 249

Course: 25.50 km

Lorsch Triathlon

Rank in course/Total: 271 (of 354)

Rank in course/Men: 209 (of 254)

Best time in course: 58:26

Category:

männliche AK 3 (TM 30)

Rank in category: 28(of 30)

Best time in the category: 58:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	15:41	31:22	30	8:54	246	8:54	0.50	15:41	31:22	31	8:54	255	8:54
Wechsel S -> R	-	2:13	-	6	0:52	58	2:13	0.50	17:54	35:47	31	9:46	255	9:46
Schwimmen Total	0.50	17:54	35:47	31	9:46	255	9:46	0.50	17:54	35:47	31	9:46	255	9:46
Rad netto	20.00	45:32	2:16	28	14:43	236	19:47	20.50	1:03:26	3:05	31	24:29	255	24:29
Wechsel R -> L	-	0:36	-	1	-	5	0:04	20.50	1:04:02	3:07	31	24:13	255	24:13
Rad Total	20.00	46:08	2:18	28	14:27	231	19:25	20.50	1:04:02	3:07	31	24:13	255	24:13
Lauf Ziel	5.00	23:19	4:39	21	6:32	107	6:32	25.50	1:27:21	3:25	28	28:55	209	28:55