



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Stefan Schink

Club: Schön Klinik Lorsch

Number: 437

Course: 25.50 km

Lorsch Triathlon

Category:

männliche AK 3 (TM 30)

Total time: 1:34:15

Rank in course/Total: 317 (of 354)

Rank in course/Men: 233 (of 254)

Best time in course: 58:26

Rank in category: 29(of 30)

Best time in the category: 58:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:59	27:57	28	7:12	221	7:12	0.50	13:59	27:57	31	7:12	255	7:12
Wechsel S -> R	-	6:49	-	30	5:28	252	6:49	0.50	20:48	41:36	31	12:40	255	12:40
Schwimmen Total	0.50	20:48	41:36	31	12:40	255	12:40	0.50	20:48	41:36	31	12:40	255	12:40
Rad netto	20.00	40:55	2:02	26	10:06	197	15:10	20.50	1:01:43	3:00	31	22:46	255	22:46
Wechsel R -> L	-	1:10	-	15	0:34	117	0:38	20.50	1:02:53	3:04	31	23:04	255	23:04
Rad Total	20.00	42:05	2:06	26	10:24	194	15:22	20.50	1:02:53	3:04	31	23:04	255	23:04
Lauf Ziel	5.00	31:22	6:16	30	14:35	237	14:35	25.50	1:34:15	3:41	29	35:49	233	35:49