



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Julian Puppe

Total time: 1:03:10

Number: 42

Course: 25.50 km

Rank in course/Total: 7 (of 354)

Lorsch Triathlon

Rank in course/Men: 6 (of 254)

Best time in course: 58:26

Category:

Rank in category: 1(of 29)

männliche AK 4 (TM 35)

Best time in the category: 1:03:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	8:47	17:33	2	0:20	19	2:00	0.50	8:47	17:33	30	0:20	19	2:00	
Wechsel S -> R	-	1:41	-	1	-	12	1:41	0.50	10:28	20:56	1	-	13	2:20	
Schwimmen Total	0.50	10:28	20:56	1	-	13	2:20	0.50	10:28	20:56	1	-	13	2:20	
Rad netto	20.00	33:20	1:40	1	-	16	7:35	20.50	43:48	2:08	1	-	10	4:51	
Wechsel R -> L	-	0:59	-	7	0:11	81	0:27	20.50	44:47	2:11	1	-	13	4:58	
Rad Total	20.00	34:19	1:42	1	-	17	7:36	20.50	44:47	2:11	1	-	13	4:58	
Lauf Ziel	5.00	18:23	3:40	1	-	4	1:36	25.50	1:03:10	2:28	1	-	6	4:44	