



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Josua Klaus

Club: Kite IT

Number: 236

Course: 25.50 km

Lorsch Triathlon

Category:

männliche AK 4 (TM 35)

Total time: 1:08:55

Rank in course/Total: 39 (of 354)

Rank in course/Men: 36 (of 254)

Best time in course: 58:26

Rank in category: 2(of 29)

Best time in the category: 1:03:10

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	11:04	22:07	13	2:37	114	4:17	0.50	11:04	22:07	30	2:37	115	4:17
Wechsel S -> R	-	2:06	-	3	0:25	47	2:06	0.50	13:10	26:19	30	2:42	255	5:02
Schwimmen Total	0.50	13:10	26:19	30	2:42	255	5:02	0.50	13:10	26:19	30	2:42	255	5:02
Rad netto	20.00	34:56	1:44	2	1:36	45	9:11	20.50	48:06	2:20	30	4:18	255	9:09
Wechsel R -> L	-	0:56	-	3	0:08	70	0:24	20.50	49:02	2:23	30	4:15	255	9:13
Rad Total	20.00	35:52	1:47	2	1:33	43	9:09	20.50	49:02	2:23	30	4:15	255	9:13
Lauf Ziel	5.00	19:53	3:58	2	1:30	25	3:06	25.50	1:08:55	2:42	2	5:45	36	10:29