



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Lothar Schrempf

Total time: 1:15:11

Number: 10

Course: 25.50 km

Rank in course/Total: 110 (of 354)

Lorsch Triathlon

Rank in course/Men: 95 (of 254)

Best time in course: 58:26

Category:

Rank in category: 8(of 29)

männliche AK 4 (TM 35)

Best time in the category: 1:03:10

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:45	19:30	4	1:18	55	2:58	0.50	9:45	19:30	30	1:18	55	2:58
Wechsel S -> R	-	2:35	-	10	0:54	92	2:35	0.50	12:20	24:40	4	1:52	58	4:12
Schwimmen Total	0.50	12:20	24:40	4	1:52	58	4:12	0.50	12:20	24:40	4	1:52	58	4:12
Rad netto	20.00	38:34	1:55	14	5:14	145	12:49	20.50	50:54	2:28	8	7:06	104	11:57
Wechsel R -> L	-	0:48	-	1	-	42	0:16	20.50	51:42	2:31	7	6:55	96	11:53
Rad Total	20.00	39:22	1:58	14	5:03	132	12:39	20.50	51:42	2:31	7	6:55	96	11:53
Lauf Ziel	5.00	23:29	4:41	9	5:06	111	6:42	25.50	1:15:11	2:56	8	12:01	95	16:45