



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Alexander Kuntz

Total time: 1:17:43

Number: 3

Course: 25.50 km

Rank in course/Total: 148 (of 354)

Lorsch Triathlon

Rank in course/Men: 129 (of 254)

Best time in course: 58:26

Category:

Rank in category: 13(of 29)

männliche AK 4 (TM 35)

Best time in the category: 1:03:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:53	21:45	10	2:26	108	4:06	0.50	10:53	21:45	30	2:26	108	4:06
Wechsel S -> R	-	2:24	-	5	0:43	73	2:24	0.50	13:17	26:33	9	2:49	87	5:09
Schwimmen Total	0.50	13:17	26:33	9	2:49	87	5:09	0.50	13:17	26:33	9	2:49	87	5:09
Rad netto	20.00	36:28	1:49	5	3:08	75	10:43	20.50	49:45	2:25	4	5:57	77	10:48
Wechsel R -> L	-	1:30	-	18	0:42	184	0:58	20.50	51:15	2:30	4	6:28	83	11:26
Rad Total	20.00	37:58	1:53	6	3:39	89	11:15	20.50	51:15	2:30	4	6:28	83	11:26
Lauf Ziel	5.00	26:28	5:17	23	8:05	181	9:41	25.50	1:17:43	3:02	13	14:33	129	19:17