



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

## Detailed evaluation

Daniel Kiefer

Total time: 1:19:21

Number: 24

Course: 25.50 km  
Lorsch Triathlon

Rank in course/Total: 169 (of 354)

Rank in course/Men: 145 (of 254)

Best time in course: 58:26

Category:

männliche AK 4 (TM 35)

Rank in category: 14(of 29)

Best time in the category: 1:03:10

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	10:59	21:57	12	2:32	112	4:12	0.50	10:59	21:57	30	2:32	113	4:12
Wechsel S -> R	-	3:08	-	15	1:27	159	3:08	0.50	14:07	28:14	14	3:39	124	5:59
Schwimmen Total	0.50	14:07	28:14	14	3:39	124	5:59	0.50	14:07	28:14	14	3:39	124	5:59
Rad netto	20.00	39:26	1:58	18	6:06	179	13:41	20.50	53:33	2:36	15	9:45	143	14:36
Wechsel R -> L	-	1:30	-	18	0:42	184	0:58	20.50	55:03	2:41	15	10:16	150	15:14
Rad Total	20.00	40:56	2:02	18	6:37	179	14:13	20.50	55:03	2:41	15	10:16	150	15:14
Lauf Ziel	5.00	24:18	4:51	14	5:55	135	7:31	25.50	1:19:21	3:06	14	16:11	145	20:55