



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Johannes Klaus

Total time: 1:20:21

Club: Kite IT

Number: 235

Course: 25.50 km

Rank in course/Total: 183 (of 354)

Lorsch Triathlon

Rank in course/Men: 157 (of 254)

Best time in course: 58:26

Category:

Rank in category: 16(of 29)

männliche AK 4 (TM 35)

Best time in the category: 1:03:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:57	21:53	11	2:30	109	4:10	0.50	10:57	21:53	30	2:30	111	4:10
Wechsel S -> R	-	2:29	-	7	0:48	78	2:29	0.50	13:26	26:52	30	2:58	255	5:18
Schwimmen Total	0.50	13:26	26:52	30	2:58	255	5:18	0.50	13:26	26:52	30	2:58	255	5:18
Rad netto	20.00	39:17	1:57	17	5:57	173	13:32	20.50	52:43	2:34	30	8:55	255	13:46
Wechsel R -> L	-	1:07	-	10	0:19	109	0:35	20.50	53:50	2:37	30	9:03	255	14:01
Rad Total	20.00	40:24	2:01	15	6:05	161	13:41	20.50	53:50	2:37	30	9:03	255	14:01
Lauf Ziel	5.00	26:31	5:18	24	8:08	182	9:44	25.50	1:20:21	3:09	16	17:11	157	21:55