



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Alexander Klein

Total time: 1:20:34

Number: 215

Course: 25.50 km

Rank in course/Total: 187 (of 354)

Lorsch Triathlon

Rank in course/Men: 160 (of 254)

Best time in course: 58:26

Category:

Rank in category: 18(of 29)

männliche AK 4 (TM 35)

Best time in the category: 1:03:10

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:33	27:06	24	5:06	216	6:46	0.50	13:33	27:06	30	5:06	255	6:46
Wechsel S -> R	-	3:26	-	20	1:45	184	3:26	0.50	16:59	33:58	30	6:31	255	8:51
Schwimmen Total	0.50	16:59	33:58	30	6:31	255	8:51	0.50	16:59	33:58	30	6:31	255	8:51
Rad netto	20.00	40:29	2:01	21	7:09	189	14:44	20.50	57:28	2:48	30	13:40	255	18:31
Wechsel R -> L	-	1:28	-	16	0:40	176	0:56	20.50	58:56	2:52	30	14:09	255	19:07
Rad Total	20.00	41:57	2:05	20	7:38	192	15:14	20.50	58:56	2:52	30	14:09	255	19:07
Lauf Ziel	5.00	21:38	4:19	4	3:15	67	4:51	25.50	1:20:34	3:09	18	17:24	160	22:08