



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Tom Buschsieper

Total time: 1:26:52

Club: HSG Mutterstadt/Ruchheim

Number: 279

Course: 25.50 km

Rank in course/Total: 266 (of 354)

Lorsch Triathlon

Rank in course/Men: 207 (of 254)

Best time in course: 58:26

Category:

Rank in category: 9(of 10)

männliche AK 1 (TM 20)

Best time in the category: 1:04:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:48	23:36	9	3:23	159	5:01	0.50	11:48	23:36	11	3:23	160	5:01
Wechsel S -> R	-	2:45	-	2	1:12	110	2:45	0.50	14:33	29:06	11	4:35	255	6:25
Schwimmen Total	0.50	14:33	29:06	11	4:35	255	6:25	0.50	14:33	29:06	11	4:35	255	6:25
Rad netto	20.00	40:33	2:01	9	6:36	191	14:48	20.50	55:06	2:41	11	11:11	255	16:09
Wechsel R -> L	-	1:23	-	8	0:46	162	0:51	20.50	56:29	2:45	11	11:57	178	16:40
Rad Total	20.00	41:56	2:05	9	7:22	191	15:13	20.50	56:29	2:45	11	11:57	178	16:40
Lauf Ziel	5.00	30:23	6:04	9	10:47	229	13:36	25.50	1:26:52	3:24	9	22:44	207	28:26