



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Jens Bäumer

Club: Sc Olympia Lorsch

Number: 255

Course: 25.50 km

Lorsch Triathlon

Category:

männliche AK 4 (TM 35)

Total time: 1:26:43

Rank in course/Total: 263 (of 354)

Rank in course/Men: 204 (of 254)

Best time in course: 58:26

Rank in category: 24(of 29)

Best time in the category: 1:03:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	13:15	26:30	23	4:48	210	6:28	0.50	13:15	26:30	30	4:48	255	6:28
Wechsel S -> R	-	4:13	-	27	2:32	223	4:13	0.50	17:28	34:55	30	7:00	255	9:20
Schwimmen Total	0.50	17:28	34:55	30	7:00	255	9:20	0.50	17:28	34:55	30	7:00	255	9:20
Rad netto	20.00	42:51	2:08	25	9:31	220	17:06	20.50	1:00:19	2:56	30	16:31	255	21:22
Wechsel R -> L	-	0:59	-	7	0:11	81	0:27	20.50	1:01:18	2:59	30	16:31	255	21:29
Rad Total	20.00	43:50	2:11	23	9:31	217	17:07	20.50	1:01:18	2:59	30	16:31	255	21:29
Lauf Ziel	5.00	25:25	5:05	18	7:02	163	8:38	25.50	1:26:43	3:24	24	23:33	204	28:17