



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

Thomas Kossack

Total time: 1:27:36

Number: 188

Speed: 10.96 km/h

Running performance: 5:28 min/km

Course: 16.00 km

Rank in course/Total: 13 (of 34)

Traditionslauf

Rank in course/Men: 13 (of 27)

Best time in course: 1:08:25

Category:

Rank in category: 4(of 5)

Senioren M35 (35-39) E

Best time in the category: 1:15:25