



45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

Detailed evaluation

sascha nowak

Total time: 1:14:10

Number: 196

Speed: 12.94 km/h

Running performance: 4:38 min/km

Course: 16.00 km

Rank in course/Total: 3 (of 34)

Traditionslauf

Rank in course/Men: 3 (of 27)

Best time in course: 1:08:25

Category:

Rank in category: 1(of 7)

Senioren M40 (40-44) E

Best time in the category: 1:14:10