



45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

Detailed evaluation

Sebastian Nothnagel

Club: SV Floh-Seligenthal e.V.

Number: 195

Course: 16.00 km

Traditionslauf

Category:

Senioren M40 (40-44) E

Total time: 1:30:46

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 14 (of 34)

Rank in course/Men: 14 (of 27)

Best time in course: 1:08:25

Rank in category: 3(of 7)

Best time in the category: 1:14:10