



45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

Detailed evaluation

Holger Daum

Club: LAV Saale-Rennsteig

Number: 179

Course: 16.00 km

Traditionslauf

Category:

Senioren M50 (50-54) E

Total time: 1:17:44

Speed: 12.35 km/h

Running performance: 4:51 min/km

Rank in course/Total: 7 (of 34)

Rank in course/Men: 7 (of 27)

Best time in course: 1:08:25

Rank in category: 2(of 4)

Best time in the category: 1:11:04