



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Jan Matthes**

Club: Laufftreff Breitungen

Number: 192

Course: 16.00 km

Traditionslauf

Category:

Senioren M60 (60-64) E

Total time: 1:55:20

Speed: 8.32 km/h

Running performance: 7:12 min/km

Rank in course/Total: 33 (of 34)

Rank in course/Men: 26 (of 27)

Best time in course: 1:08:25

Rank in category: 3(of 3)

Best time in the category: 1:39:46