



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Manfred Kretzschmar**

Club: GMRLV/Ichtershausen

Number: 189

Course: 16.00 km

Traditionslauf

Category:

Senioren M70 (70-74) E

Total time: 1:43:15

Speed: 9.30 km/h

Running performance: 6:27 min/km

Rank in course/Total: 26 (of 34)

Rank in course/Men: 22 (of 27)

Best time in course: 1:08:25

Rank in category: 1(of 2)

Best time in the category: 1:43:15