



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Michael Dittmar**

Club: Rhöner WSV

Number: 108

Course: 32.00 km

Jubiläumslauf

Category:

Senioren M35 (35-39) F

Total time: 3:29:03

Speed: 9.18 km/h

Running performance: 6:31 min/km

Rank in course/Total: 10 (of 21)

Rank in course/Men: 9 (of 14)

Best time in course: 2:44:55

Rank in category: 2(of 2)

Best time in the category: 3:16:39