



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Thomas Gardeia**

Club: ATR Jena

Number: 212

Course: 32.00 km

Jubiläumslauf

Category:

Senioren M45 (45-49) F

Total time: 3:12:53

Speed: 9.95 km/h

Running performance: 6:01 min/km

Rank in course/Total: 8 (of 21)

Rank in course/Men: 7 (of 14)

Best time in course: 2:44:55

Rank in category: 2(of 3)

Best time in the category: 2:55:21