



45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

Detailed evaluation

Mario Volk

Club: Meininger Lauf Club e.V. | GMRLV

Number: 104

Course: 32.00 km

Jubiläumslauf

Category:

Senioren M50 (50-54) F

Total time: 3:51:53

Speed: 8.28 km/h

Running performance: 7:14 min/km

Rank in course/Total: 17 (of 21)

Rank in course/Men: 14 (of 14)

Best time in course: 2:44:55

Rank in category: 5(of 5)

Best time in the category: 2:54:01